



SASKATCHEWAN LONG RIDERS

Rules and Regulations

Revised 1999

The Saskatchewan Long Riders are the governing and co-ordinating body in Saskatchewan for the sport of Long Distance Riding, which includes Competitive Trail Riding, Endurance Racing and Ride & Tie.

Organized in the summer of 1987, the Long Riders are a Corporate Member of both the Canadian Long Distance Riding Association Inc. (CaLDRA) and the Saskatchewan Horse Federation.

GENERAL RULES & REGULATIONS

The following Rules and Regulations are applicable to ALL events sanctioned by the Saskatchewan Long Riders. Failure to comply with the following General Rules and Regulations may be grounds for elimination of that competitor from an event and for further action by Saskatchewan Long Riders.

A. ELIGIBLE EQUINES

1. All events are open to any breed or type of horse, pony, donkey and mule, hereinafter referred to as "horse".
2. The animals must be at least 48 months old at the time of the event for all events under 50 miles and at least 60 months old at the time of the event for all events 50 miles and over. Proof of age may be required or the Ride Veterinarian's opinion and discretion will prevail.
3. Any mount showing signs of contagious or infectious disease will not be allowed to begin the event, and must be removed from the Grounds.
4. Any horse displaying behaviour which constitutes a clear danger to other horses and/or persons may be disqualified at any time from competition by the Ride Manager or Ride Veterinarian.
5. A stallion must wear a yellow ribbon in the tail and must be double tied if left unattended.
6. Kickers must wear a red ribbon in the tail.
7. Horses may be ridden without shoes, but if shod, they must be correctly shod (as determined by the Ride Veterinarian) and the shoes must be in suitable condition for the competition. Pads and Equi-Boots are allowed.

B. RIDER CONDUCT

1. Abuse of any animal will not be tolerated. Such abuse may include but not be limited to:
 - use of drugs (see SLR Drug Policy)
 - continuing the event after disqualification
 - any action/equipment causing pain or discomfort
2. Horse and Rider are considered to be a Team. Disqualification of one constitutes disqualification of the other.
3. Abuse of Ride Personnel or other Riders will not be tolerated, eg. Arguing with the Veterinarian, P & R Crews, volunteers, etc..
4. Riders may receive assistance during the event only under certain conditions. Consult the specific rules and regulations of each event to determine what level of assistance is acceptable.
5. All Riders and/or Horses must wear the number assigned to them, throughout the event, in the manner prescribed by Ride Management.
6. Unsportsmanlike conduct will not be tolerated. Such actions may include, but not be limited to:
 - Removing or altering Trail Markers
 - Taking shortcuts
 - Leaving Mandatory Holds (Rests) early
 - Physical interference with other horses at water stops
7. No drugs or alcohol will be consumed during the event. This rule applies to all Riders, Ride Personnel, and any other person associated in any way with the event.
8. Riders are encouraged to wear Protective Headgear, approved by CSA. Any person not wishing to wear a helmet must sign the "Protective Headgear" Waiver at the bottom of their Entry Form. See Junior Rider Section for specific reference to rules governing Junior Riders.

C. VETERINARY CHECKS

1. Each event must employ at least one qualified Veterinarian to perform Veterinary Checks of all participating animals pre-ride, during the ride and post-ride and uphold the Rules and Regulations of SLR. It is recommended that at least one Veterinarian be at the ride site for at least one hour after the last horse crosses the finish line or has returned to ride camp.
 - a) The Veterinarian may also offer treatment services, provided they are licensed to practice in the province of Saskatchewan.
 - b) The SLR Veterinarian's Handbook must be provided to the Veterinarian prior to the Ride.
 - c) A Veterinarian who is serving as Ride Manager of an SLR sanctioned event is prohibited from serving that same event as a Veterinary Control Official.
 - d) Each horse will receive a substantive physical examination of metabolic and mechanical parameters before the ride, at control points within the Ride and after the Ride.
 - e) The Veterinarians' decisions regarding disqualification will be final and Ride Management will stand behind the Veterinarians' decisions.
 - i) A Ride Manager may not overrule a Veterinarian's decision on a veterinary matter.
 - ii) Horses disqualified by the Vets must not continue on. This practice by a rider is considered grounds for barring that rider from future rides.
 - iii) The rider/owner of a horse disqualified by a Ride Veterinarian should be notified immediately by that Veterinarian or the Ride Manager.
 - f) Management must be confident that there is complete understanding with the Veterinarian(s) regarding Pulse and Lameness criteria, any other disqualification criteria, and particularly post-ride criteria for completion.

- i) The setting of Veterinary parameters, including but not limited to Pulse, shall be determined by the Head Veterinarian. Since the ambient conditions are of prime concern in the setting of parameters, these parameters should not be finalized more than 24 hours prior to ride start.
 - g) All Veterinary control check points must be staffed by a Veterinarian who will provide the required control. The type of check-point and duration of hold will, in all cases, be designated by the Head Veterinarian. It is recommended that all check-points be of the “gate into hold” type.
- 2. Veterinary Checks are Mandatory. Each mount will receive an extensive physical examination including metabolic and mechanical parameters before the event, at specified points during the event and after the event.
- 3. Trot-outs must be included in all Vet Checks (with the exception of the "Stop and Go" Vet Check; however, Veterinarian may request any horse demonstrate a trot-out at such a check). Trot-outs at Pre- and Post-Ride Vet Checks must include straight lines away and to the Veterinarian and circles in both directions. Trot-outs at Vet Checks on the trail only require circles if the Veterinarian detects any deviation from normal gait or posture.
- 4. Veterinary Checks during the event must occur within 25 miles.
- 5. Holds are compulsory. The length of Mandatory Holds will be at the discretion of the Ride Manager and Ride Veterinarian.
- 6. The decision of the Veterinarian is final. If the Veterinarian judges the health and welfare of the animal to be in jeopardy, the animal may be disqualified.
- 7. Type and procedures of each Veterinary Check will be outlined to Riders and Ride Personnel by the Ride Manager prior to the commencement of the event. Commonly utilized Vet Checks at SLR sanctioned events:
 - a) Trot – By
 - b) Stop and Go
 - c) Gate into Mandatory Hold
- 8. **Cardiac Recovery Index (Ridgway)** – This examination may be a requirement at any Vet Check at the discretion of the Ride Manager in consultation with the Veterinarian. CRI is generally conducted during a Vet Check with a Mandatory Hold. CRI is to be completed over a distance of 250 feet (in total) and utilizing one full minute between completion of the initial pulse and start of the second pulse readings.

The horse is expected to have a second pulse reading equal to or less than the initial pulse reading. The second pulse reading may be 1 beat per 15 seconds (4 bpm if taken over 1 minute) above the initial pulse reading. A 2 beats/15 sec. (8 bpm over 1 minute) variance may be acceptable at the discretion of the Veterinarian, however, the horse should complete an additional CRI for the Veterinarian’s benefit prior to continuing the event. The Veterinarian will establish the time the second CRI is to be performed (eg. 10 minutes; just prior to leaving a Mandatory Hold, etc.). The Cardiac Recovery Index is not necessarily used to eliminate a horse from competition, the entire clinical picture is used to assess the ability of a horse to continue in the event.
- 9. **Courtesy Checks** – A rider may call for a courtesy pulse reading, during an on-trail Vet Check or at the Finish Line, prior to an official reading, IF such activity does not prohibit another rider from obtaining an official pulse reading. The rider may opt to accept the courtesy pulse reading as official if it meets or is below the Control Criteria pulse rate.

NOTE: Courtesy Checks are a privilege – not a right!
- 10. **Scoring:** For the purpose of scoring soundness and horsemanship (where applicable), the horse and rider shall be considered in competition from the moment that the horse is presented to the Veterinarian for preliminary judging until completion of that horse's final Veterinary examination for that event. For the purposes of scoring condition, the horse shall be considered in competition from the moment the first day's ride officially starts until the completion of that horse's final Veterinary examination for that event.

D. JUNIOR RIDERS

1. A Junior Rider is defined as any Rider under the age of 16 at January 1st of the Ride year.
2. All Junior Riders must wear protective headgear.
3. All Junior Riders must be accompanied by a competent adult (19 years of age or older) throughout the competition. Junior and Sponsor must ride together at all times, including entering and leaving all Vet Checks at the same time. At the finish the Junior and Sponsor must finish within one minute of each other, or face disqualification of the Junior.
4. The Sponsor must be duly entered as a competitor in the event and their mount is required to participate in all Veterinary Control procedures, however, the Sponsor may elect to be excluded from placement upon completion. A Sponsor may chaperone a maximum of two (2) Junior Riders.
5. A SLR member 14 years or older who has completed 500 miles or more may ride unsponsored, but will compete as an adult rider. Written consent must be provided by the Junior's parent or guardian. Verification of completed mileage must be provided to Ride Management, in writing, at the time of Registration.
6. The Sponsor Rider may change during an event only if the competitor or the competitor's mount are unable to continue. New sponsorship may be obtained via another qualified sponsor competing. In the event of an emergency and in order to remain in competition, the Junior who is in last place and whose pre-registered Sponsor is pulled, and there are no other qualified Sponsors to follow, that Junior may be sponsored by an unentered qualified rider through to the completion of the Ride, with Ride Management and Ride Veterinarian approval. He would receive last place in the Junior event. The emergency Sponsor will receive no credit for mileage or points. The Junior may also be sponsored by an adult on foot from the last Veterinary Check with the approval of Ride Management.
7. The final decision to accept an unsponsored Junior Rider rests with Ride Management.

E. DRUG POLICY

Ride Management is responsible for the dissemination of the following SLR Policy regarding drugs to their event participants:

1. The integrity of Long Distance Competition requires that the horse is not influenced by any drug, medication or veterinary treatment. Horses involved in Long Distance Competition must compete entirely on their natural ability. SLR prohibits from competition horses who contain evidence of the administration of abnormal substances or of normal substances in abnormal amounts (exogenously administered compounds even if normally found endogenously). Since the complete effects of such administration cannot be known, the fairness and safety require the prohibition of such practices.
 - a) Upon discovery of the presence of such drug or medication, approved laboratory shall immediately report the matter to SLR. Any action or substance administered internally or externally, whether drugs or otherwise, which may interfere with the testing procedure, or mask or screen the presence of such drug, is forbidden.
 - b) Presence of such medication or drug in an horse participating in an SLR sanctioned event shall be grounds for review by the Protest and Grievance Committee.
 - c) Every entrant shall, upon request of an SLR approved Veterinarian, permit a specimen of urine, saliva, blood or other substance to be taken for testing; and refusal to comply with such request shall constitute grounds for **immediate disqualification** of the horse/rider from further participation in that day's Ride and shall bar the horse/rider from participation in future SLR sanctioned events for such period as determined by the Protest and Grievance Committee.
2. Competition shall mean the time from the Pre-Ride Veterinary examination to the completion of the final Veterinary examination for the event, including the Best Condition Judging. Multiple day rides shall be treated as they have been determined by SLR – either individual day events or one event if so designated.
3. The use of additional therapies during competition shall be prohibited. This shall include any **invasive** procedures, (eg. Acupuncture), manipulative procedures, (e.g., osseous or chiropractic manipulative

procedures), the use of any mechanical devices to manipulate or stimulate acupuncture or response points, (eg. Bioscans, laser lights, magnetic stimulation devices, etc.).

4. **PERMITTED SUBSTANCES**

This does not constitute a complete list. None of the following items may be administered by injection. They may only be given orally or topically.

Glucose, Salt Supplements, Electrolytes, Vitamins (check limits with Thiamin and Vitamin B), Topical insect repellants (some brands can cause positive results when tested).

5. Riders are encouraged to consult with their Veterinarian before administering any drug, preparation, tonic, etc.. within 10 days prior to competition. In many cases the full list of ingredients does not appear on the label and a prohibited substance may be present. Take all reasonable precautions to avoid the inadvertent administration of a prohibited substance. Many substances can also be absorbed through the skin of the horse and appear in the urine.

F. **COMPLETION CRITERIA**

1. In order to officially complete an event, the following criteria must be met by horse and rider:
 - a) Horse and Rider must be present and accounted for at the start of the ride.
 - b) Horse and Rider must be properly entered in the ride
 - c) Horse and Rider must obey all the rules/regulations
 - d) Horse and Rider must follow the prescribed course, doing multiple loops in the correct order
 - e) Horse and Rider must pass all control points
 - f) Horse and Rider must pass all Vet Check requirements
 - g) Horse and Rider must finish within the prescribed time
 - h) Horse and Rider must not be disqualified
 - i) Horse and Rider must meet any other criteria prescribed by Ride Management
 - j) Horse and Rider must meet the Veterinary Criteria for Completion prescribed for each event. (See Event Descriptions for further Completion Criteria).

2. **VETERINARIAN CRITERIA FOR COMPLETION** – applicable to all SLR sanctioned events, conducted to ensure the horse is capable of continuing in good health:
 - a) A competitor must pass all Veterinarian Criteria for Completion. A competitor who fails any of the Completion Criteria listed in 1. above is not eligible for placing, however, may be allowed a completion if, in the opinion of Ride Management, the violation was not intentional and did not result in making the course easier or shorter.
 - b) Each SLR sanctioned event must have a Post-Finish Line Veterinary Examination which the horse must pass for successful completion, the criteria to be announced prior to the ride.
 - c) All horses must stand a mandatory post-ride evaluation WITHIN ONE HOUR of crossing the Finish Line. NOTE: The horse must meet Control Criteria pulse within a specified time period after crossing the Finish Line. Riders may present their horses for the final examination at a time of their choosing during the one hour period. ANY HORSE THAT DOES NOT MEET ESTABLISHED CRITERIA WITHIN ONE HOUR OF CROSSING THE FINISH MUST BE DISQUALIFIED. Once a competing horse has passed the post-ride examination, it may not be removed from completion for veterinary reasons.
 - d) The horse must reach a reasonable pulse recovery based on ambient conditions. THE MAXIMUM PULSE CRITERIA IS 68 BEATS PER MINUTE. A Cardiac Recovery Index may be required during the Post-Ride Vet Check and may be conducted ONE TIME ONLY. Horses with a second pulse reading which is 3 beats/per 15 seconds (12 over 1 minute) over the initial pulse reading and which exceeds pulse criteria are considered to have FAILED TO MEET COMPLETION CRITERIA and will be disqualified.
 - e) Respiration should be evaluated on its own merit. Ambient temperature and humidity effects need to be recognized and their effects on respiration rate considered. RECOVERY SHOULD BE PARALLEL TO AND BELOW THE PULSE RATE. Expected values are below 40 bpm after 30 minutes.
 - f) The horse must be metabolically stable, sufficient to demonstrate fitness to continue.

- g) There will be no gait aberration that is consistently apparent at any pace or under any circumstance (Grade III, IV and V). **ANY HORSE DEMONSTRATING GRADE III OR HIGHER LAMENESS HAS FAILED TO MEET COMPLETION CRITERIA AND MUST BE DISQUALIFIED.**
 - h) Soreness, lacerations and wounds on the limbs and body – including the mouth – must be noted on the veterinary examination score sheet. **LESIONS THAT ARE AGGRAVATED TO A DEGREE THAT AFFECTS THE HORSE'S ABILITY TO CONTINUE MAY BE A CAUSE FOR FAILURE TO COMPLETE THE RIDE.** It must be recognized by veterinarians that lesions caused by tack and interference may be from mild to severe and need to be evaluated on their own merit.
 - i) **EVALUATION OF OTHER MONITORING PARAMETERS MUST INDICATE THE HORSE IS NOT IN NEED OF ANY MEDICAL TREATMENT.** Pulse, respiration and soundness are but three of the important parameters considered in the state of condition evaluation.
 - j) **THE HORSE MUST NOT HAVE RECEIVED MEDICAL TREATMENT BY VETERINARIAN OR LAYMAN PRIOR TO THE FINAL EXAMINATION.** Any horse that a ride Veterinarian advises should be treated for a metabolic or soundness problem, but treatment is refused by the rider or owner, shall be considered in the same light as a treated horse and will be disallowed completion.
3. Horses which are shod may cross the finishing line with one or more shoes missing.
4. **LAMENESS** – lameness is a deviation from normal gait or posture due to pain or mechanical dysfunction. Lameness is graded by SLR as follows:
- I) Difficult to observe and not consistently apparent regardless of circumstances (eg. Weight-carrying, circling, inclines, hard surfaces, etc.)
 - II) Difficult to observe at the walk or trotting a straight line, but consistently apparent under certain circumstances (eg. Weight-carrying, circles, inclines, hard surfaces, etc.)
 - III) Consistently observable at a trot under all circumstances.
 - IV) Obvious lameness including marked nodding, hitching or shortened stride.
 - V) Minimal weight-bearing in motion and/or at rest, inability to move.
- GRADES III, IV AND V ARE CONSIDERED NOT FIT TO CONTINUE AND THE HORSE MUST BE DISQUALIFIED.** Horse must be presented on a **loose rein** in a pattern specified by the Veterinarian (eg. Straight line, circles). If lameness cannot be positively confirmed by the Veterinarian, with the horse on a loose rein, the horse should be given the benefit of the doubt and not be disqualified.
- Horses exhibiting Grade II lameness **ARE ELIGIBLE FOR PLACING**, and they will receive recognition for completed mileage.
5. All riders who successfully complete the ride must receive a Completion Award. Any Rider or Horse deemed to have been disqualified is **NOT ELIGIBLE** for a Completion Award.

SASKATCHEWAN LONG RIDERS PROTEST PROCEDURES

A. EXPLANATION

- 1. The Protest Procedure will be utilized when violations have not been identified and/or redressed during the course of a competition by the application of the SLR Rules and Regulations, or when other improprieties are alleged to have occurred outside a competition.
- 2. Protest Procedures apply to any SLR sanctioned event for the following persons: Owner, Rider, Crew Member, Ride Manager, Ride Management Personnel, Veterinarian, family members of the above, SLR Members, or any person who violates SLR Rules and Regulations.
- 3. Violations and Penalties will be determined by the Protest and Grievance Committee on the basis of a Protest filed with them. Appeal from the Protest and Grievance Committee decisions must be made to the SLR Board of Directors.
- 4. The Protest and Grievance Committee will be appointed by any two (2) Executive Members of SLR (one to be chosen by the accuser, one by the accused) and may include a minimum of any three Members in good

standing of SLR. A Protest and Grievance Committee will be established as required to address any Formal Protest. Members of the Protest and Grievance Committee will have a thorough knowledge of the Rules and Regulations of SLR.

5. Records of all Formal Protests will be maintained by the Secretary of SLR. Amendments to Ride Results will be completed by the SLR Ride Secretary
6. Should penalties be assigned, a brief summation of the case will be published in all publications printing SLR news/information (eg. "Horses All", "Going the Distance", "Show Trail").

B. INFORMAL PROTEST PROCEDURE

1. Resolution of alleged infractions affecting ride results and awards that have not been satisfactorily addressed in the course of a competition may not require a formal protest. The following procedures are suggested as ways in which this might be done, but are not deemed complete until and unless agreed upon adjustments to ride results and awards are carried out, and competitors have been notified of the terms of the resolution.
2. **Competitor/Management Resolutions:**
 - a) **On-Site Resolution**, while competitors are still present. Good faith in negotiation between management and competitors, including thorough knowledge of SLR Rules and Regulations, should allow these resolutions in all but a few cases.
 - b) **Off-Site Resolution**. When an infraction is alleged within 48 hours after the ride is completed, but after people have left the ride site, competitor and management should attempt to resolve the matter by telephone, within the 48 hour period.
3. **SLR Director and/or Rules Committee Assistance:**

When the competitor/management interaction fails, and/or the infraction is alleged more than 48 hours after the ride date, then an SLR Director must be contacted and this Director should attempt to resolve the matter in consultation with the Rules Committee.

If no resolution is reached within 10 days after the ride date, a charge may be continued only if a protest is filed.

Whenever a Director finds a case to be particularly complicated and/or an apparent infraction would require imposition of a penalty other than the normal penalties involved in the application of competition rules, that Director should recommend that the offended party file a protest with the Protest and Grievance Committee if that party wishes to pursue the charge.

C. FORMAL PROTEST PROCEDURES

1. A protest is a properly documented complaint by an SLR Member alleging an infraction of an SLR Rule or Regulation, or failure to apply a rule properly. A protest will not be deemed properly initiated unless the requirements of (2), (3) and (4) are met. Prior utilization of the Informal Protest Procedure is neither a pre-condition nor a bar to initiation of a formal protest on the same grounds.
2. Such a protest must be:
 - a) in writing
 - b) signed by the Protestor
 - c) accompanied by personal testimony, sworn statements, or other evidence supporting the protest. Evidence consists of physical evidence including written records, statements of principals, and first-hand witnesses. Hearsay evidence will be accepted, but may be given lesser weight than first-hand evidence.
 - d) Accompanied by a \$50.00 cheque (which is refunded if the protest is upheld) payable to SLR, and
 - e) Sent to the Protest and Grievance Committee (c/o SLR President), with a post-mark no later than the 10th day after the ride date. In the case of alleged drug violations, the Protest must be submitted within 14 days of receipt of the lab or government agency report.

3. Such Protest must contain:
 - a) the full name and address of the party allegedly in violation
 - b) the ride name, location, date and Manager
 - c) a complete and definite statement of the acts which constitute the alleged violation
 - d) clear reference, by number, to each SLR Rule or Regulation allegedly violated.

4. Upon receipt of a properly initiated Protest, the Protest and Grievance Committee (P & G) must immediately provide a copy of the Protest and all supporting evidence to the accused, and notify the accuser that the Protest has been initiated. From the post-mark date of the announcement the accused and accuser have 14 days (post-mark) to send materials refuting/substantiating the charges to the P & G Committee. The P & G Committee must reach a decision, and report it to the SLR Board and the accused and accuser, in writing, no later than 30 days after the accusation was announced to the accused. This decision must indicate actions to be taken, including, but not limited to: amendment of ride results, assessment of penalties, restitution of awards.

5. Any Protest which, in the opinion of the President (Vice-President) or the Director, may substantially affect qualification for National Championship competition, may be referred at any time by that officer for immediate action by the Board of Directors, bypassing the P & G Committee. In the case of any Protest contemplating suspension or removal of a member, officer or Director, or when the P & G Committee recommends such action, the matter shall automatically be referred to the Board of Directors for review, confirmation, and/or other action, if any.

6. SLR Board Level. Should an Appeal from the P & G Committee's decision be sought, it must be done within 14 days (post-mark) after the P & G Committee's notification of its decision. This appeal must be addressed to the Board of Directors and sent to the SLR Secretary. This Appeal must:
 - a) have the written support of two Directors
 - b) explicitly delineate whether the Appeal is from the guilty or innocent verdict of the P & G Committee, or from the penalty assigned, and
 - c) be accompanied by a \$50.00 cheque payable to SLR, to be returned if the Appeal is sustained.
 - d) Only be filed by the original protestor or the one protested against.

If conditions (a), (b), (c) and (d) are met, the SLR Secretary shall immediately notify accused, accuser and the SLR Board of Directors of this Appeal. At this juncture, accused, accuser and P & G Committee may submit additional testimony or evidence to the Board of Directors, but this material must be post-marked no later than 10 days after the post-mark of the Appeal notification.

Thirty days after the original Appeal notification, all relevant materials shall be distributed by the Secretary to the Board. These shall include all materials used by the P & G Committee in its decision, its written report and any additional information provided since the appeal was announced.

Board Members shall post their comments no later than the 10th day after receipt of materials from the Secretary. All comments shall be distributed to the Board along with ballots for a vote. Board members must post their ballots no later than the 10th day after receipt of the ballots from the Secretary. A successful Appeal requires a simple majority of the Board Membership.

If Appeal from a penalty is successful, the Board of Directors shall assess a new penalty, which approval requires a simple majority vote by the Board Members. A designated (by the Board) Member of the Board of Directors will provide a written report of the Board decision for SLR records, and a copy of the report shall be sent to the accused and accuser.

There is no Appeal from the Board of Director's decision.

7. All time limitations of the Protest Procedure may be extended at the discretion of the President of SLR. At any point in the procedure, if the accusing party elects to drop charges, that accusing party shall promptly notify the SLR President of this decision in writing.

D. VIOLATIONS AND PENALTIES

1. When assigning penalties, the P & G Committee and the Board of Directors will take into consideration such things as severity of the infractions, intentional infractions, repeated infractions and multiple infractions.
2. **Individual Violations** – violations include, but are not limited to the following:
 - a) Infractions of SLR Rules and Regulations
 - b) Acting, or inciting any other to act, in a manner contrary to the rules of SLR, or in a manner considered otherwise illegal or unsportsmanlike
 - c) Physical assault upon a person and/or cruelty to an horse
 - d) Failure to obey any penalty imposed by SLR.
3. **Individual Penalties** – If found guilty, the party will be subject to such penalty as the P & G Committee, or the Board, may determine, including but not limited to (more than one penalty may be applied to an infraction):
 - a) Censure. A censure penalty makes the reprimand public information and serves to warn the guilty party that further violations will subject the defendant to heavier penalties. Publication content is limited to name of individual and specific Rule/Regulation of SLR that has been broken.
 - b) Forfeiture of completion and/or placement in a competition and/or forfeiture of any awards or prizes won in connection with the offence committed.
 - c) Suspension of such person for any period from competing. A suspended person is forbidden for the time specified in the decision from: holding or exercising any office in SLR; participating in any way whatsoever in any SLR sanctioned ride.
 - d) Suspension from membership in SLR.

SASKATCHEWAN LONG RIDERS SANCTIONED EVENTS (Description, Applicable Rules)

COMPETITIVE TRAIL RIDE

1. Competitive Trail Rides range from 15 to 100 miles in length and must be completed within a specified time limit at a moderate pace. CTR's may be completed as Multi-Day Rides.
2. **Divisions**
 - a) **Novice Competitive Trail Ride**
 - i) shall be no longer than 20 miles
 - ii) shall have one Vet Check on the trail
 - iii) may be rated no faster than 5 mph, and may be rated slower depending upon terrain, weather conditions and expected competency of the competitors.
 - b) **Intermediate Competitive Trail Ride**
 - i) shall be no longer than 25 miles
 - ii) shall have one Vet Check on the trail
 - iii) may be rated no slower than 5 mph
 - c) **Open Competitive Trail Ride**
 - i) may be any distance longer than 25 miles
 - ii) must have a Vet Check every 15 miles
 - iii) may be rated no faster than 8 mph, and may be slower depending on terrain, weather conditions and the expected competency of the competitors
3. The team of horse and rider are in competition and being judged, from the time stated by Ride Management, until such time as the team is either disqualified or has completed the Post-Ride Veterinary Check.

4. Ride Manager may wish to include Horsemanship Judging in the competition. Horse and rider must wear their assigned number in the manner prescribed by Ride Management, and must place their assigned number at their stabling area for Judging.
5. The winner of a Competitive Trail Ride is that horse/rider team acquiring the fewest penalty points in the following areas:
 - a) Veterinary Score
 - b) Time Penalties

AND/OR

 - c) Horsemanship Score (included in overall score or considered as a separate event at the discretion of Ride Management)

6. **Perfect/Optimal Time**

A Perfect Time will be announced the day of the event, determined by the Ride Manager in consultation with the Ride Veterinarian. There is a minimum and maximum time of 10 minutes on either side of Perfect Time. Beyond that penalties are assessed as follows:

- a) **Early arrivals** are assessed 2 penalty points/minute. 30 minutes earlier than Perfect Time means disqualification.
- b) **Late arrivals** are assessed 1 penalty point/minute. 30 minutes later than Perfect Time means disqualification.

Any time that may have been added to a rider's time, through no fault of his/her own (eg. Halt ½ mile before Vet Check to alleviate congestion), will be subtracted from his actual riding time at the end of the ride by Ride Management.

If a horse fails to meet Pulse parameters within 10 minutes of arrival at a Vet check, that 10 minutes will be added to their Expected Arrival Time. This means the rider does not have to attempt to make up for that time on an already stressed horse. If the horse fails to meet Pulse parameters within 20 minutes, that 20 minutes will be added to their Expected Arrival Time. The horse has until 30 minutes from arrival at the Vet Check to meet Pulse parameters. It may utilize the full 30 minutes, which will be added to the Expected Arrival Time, after which it will be eliminated from further competition. Penalty points are also assessed for every 10 minutes the horse requires to meet Pulse parameters.

Should this situation occur at the next Vet Check, the rider must give serious consideration to removing the horse from further competition.

7. At the Vet Check, horses must be presented to the Veterinarian or designated Pulse and Respiration Crew within **10 Minutes** of arriving, and are expected to meet the following Criteria:
 - a) Pulse rate at or below the maximum parameter established by Ride Manager and Veterinarian and announced at Pre-Ride Briefing. **PULSE RATES WILL BE SCORED AT EVERY VET CHECK** (including Post-Ride).
 - b) Should the horse fail to meet the pulse parameter at 10 minutes, it will be assessed a penalty of 5 points on the Vet Score Sheet and must return in 10 minutes for a re-check. If the horse fails to meet the pulse parameter at the 20 minute mark, it will be assessed an additional 5 penalty points on the Vet Score Sheet and must return in 10 minutes for a re-check. If the horse has not met the pulse parameter by 30 minutes from arrival at the Vet Check, it must be eliminated. Expected Arrival Time must be adjusted accordingly.

Additional Control Criteria must be evaluated by the Veterinarian during a Vet Check, prior to a horse being permitted to continue:

- c) Respirations at or below pulse rate. Temperature and humidity need to be considered when evaluating a horse which is "panting". Other metabolic criteria, including body temperature (maximum 103 F/39.4 C) must be taken into consideration in determining whether the high

respiration rate does not meet Control Criteria. RESPIRATION RATES WILL NOT BE SCORED.

- d) Metabolic stability demonstrated, including evaluation of body temperature, mucous membranes, capillary refill, dehydration, gut motility, anal tone, jugular refill, general expression, behaviour and impulsion. ANY HORSE EXHIBITING A BODY TEMPERATURE OF 104.8F/40.8C MUST BE ELIMINATED FROM COMPETITION.
 - e) Lameness – HORSES SUFFERING FROM LAMENESS GREATER THAN GRADE II MUST BE ELIMINATED FROM FURTHER COMPETITION. Horse must be presented on a **loose rein** in a pattern designated by the Veterinarian (eg. Straight line, circle). If lameness cannot be positively confirmed by the Veterinarian with the horse on a loose rein, the horse should be given the benefit of the doubt and not eliminated.
 - f) IF A HORSE IS SUFFERING FROM ANY SORENESS, LACERATIONS, WOUNDS WHICH ARE LIABLE TO BE SERIOUSLY AGGRAVATED BY CONTINUED PARTICIPATION IN THE COMPETITION, IT WILL BE ELIMINATED.
 - g) Horses may be permitted to continue if they have lost shoes, if there is no indication of lameness as a result of the loss.
8. No protective leg devices may be utilized on the horse during the competition.
9. **Additional Drug Regulations** – No ice, no salt packs, topical salt, no medicines, no braces (eg. Absorbine), no hoof-packing, no topical pain blockers (eg. Equi-Block) are permitted until the horse has completed the Post-Ride Veterinary Check.
- Salt supplements, oral electrolytes, oral vitamins and insect repellent are permitted during competition.
10. Except for holding a horse while the rider attends to its needs or his/her own, NO OTHER ASSISTANCE IS PERMITTED. Riders are expected to care for their own mounts – NO PIT CREWS ARE PERMITTED. In the case of a physically handicapped rider, Ride Management may make an exception. Age is not considered a handicap; however, Junior Riders must be under the direct supervision of an adult Sponsor.
11. Riders may not advance forward on the trail unless they are mounted. The only exception would occur when a rider, in his/her best judgement, must lead his/her horse by, through or over an obstacle in order to negotiate it safely. Ride Managers may designate a specific obstacle wherein riders are permitted to lead their horse by, through or over that obstacle. The rider must immediately mount in order to proceed from the point of the obstacle.
12. Ride Management will ensure that the approximately 2 mile to Finish mark is clearly identified to the riders. From this point on all riders must maintain forward motion with no circling, zig-zagging, stopping, etc.. The rider should rate himself accordingly.
13. All horses must be presented to the Veterinarian or the designated Pulse and Respiration Crew within **10 Minutes** of arriving at the Finish Line and is expected to meet maximum pulse parameters. Should the horse fail to meet the pulse parameter at 10 minutes, it will be assessed a penalty of 5 points on the Vet Score Sheet and must return in 10 minutes for a re-check. If the horse fails to meet the pulse parameter at the 20 minute mark, it will be assessed an additional 5 penalty points on the Vet Score Sheet and must return in 10 minutes for a re-check. If the horse has not met the pulse parameter by 30 minutes from arrival at the Finish Line, it must be eliminated.
14. All horses and their riders meeting SLR Completion Criteria must receive a Completion Certificate. Any Rider or Horse deemed to have been disqualified is NOT ELIGIBLE for a Completion Award.